Nationwide Organizations Emphasizing Community Support

1. United Way Worldwide

- Website: https://www.unitedway.org

- Contact: 1-703-836-7112

- Focuses on improving education, financial stability, and health. They partner with local organizations to provide community-based support.

2. YWCA USA

- Website: https://www.ywca.org

- Contact: 1-202-467-0801

- Provides services and advocacy for women and families, including job training, housing, childcare, and support for survivors of domestic violence.

3. Boys & Girls Clubs of America

Website: https://www.bgca.orgContact: 1-404-487-5700

- Offers after-school programs, mentorship, and educational support for children and teens in underserved communities.

4. Habitat for Humanity

- Website: https://www.habitat.org

- Contact: 1-800-422-4828

- Builds and renovates affordable housing for low-income families, focusing on community development and stability.

5. Goodwill Industries International

- Website: https://www.goodwill.org

- Contact: 1-800-741-0186

- Provides job training, employment placement, and other community-based programs for people facing barriers to employment.

6. National Urban League

Website: https://nul.orgContact: 1-212-558-5300

- Focuses on economic empowerment, educational support, and social justice advocacy, primarily for African American communities.

7. Lutheran Services in America

- Website: https://www.lutheranservices.org

- Contact: 1-800-664-3848

- Provides a wide range of social services, including senior care, disability support, housing, and youth services.

8. Volunteers of America

- Website: https://www.voa.org

- Contact: 1-800-899-0089

- Offers affordable housing, health care, addiction treatment, and support services for veterans, seniors, and families.

9. Big Brothers Big Sisters of America

- Website: https://www.bbbs.org

- Contact: 1-813-720-8778

- Provides one-on-one mentoring for children facing adversity, aiming to build confidence and educational success.

10. Meals on Wheels America

- Website: https://www.mealsonwheelsamerica.org

- Contact: 1-888-998-6325

- Delivers nutritious meals to homebound seniors, providing community support and companionship.

11. Feeding America

- Website: https://www.feedingamerica.org

- Contact: 1-800-771-2303

- Operates a network of food banks and pantries to provide food assistance and tackle hunger at the community level.

12. The Arc

Website: https://thearc.orgContact: 1-800-433-5255

- Provides support, advocacy, and resources for people with intellectual and developmental disabilities and their families.

13. AARP Foundation

- Website: https://www.aarpfoundation.org

- Contact: 1-888-687-2277

- Focuses on combating senior poverty through services related to housing, employment, and social connections.

14. National Alliance to End Homelessness

- Website: https://endhomelessness.org

- Contact: 1-202-638-1526

- Provides advocacy, research, and support to prevent and end homelessness through policy and community action.
- 15. Neighborhood Housing Services of America (NHSA)
 - Website: https://www.nhsaonline.org
 - Contact: 1-510-891-0700
- Focuses on affordable housing solutions, homeownership counseling, and community revitalization programs.

Arizona Statewide Resources

- 1. Arizona Food Bank Network
 - Website: https://www.azfoodbanks.org
 - Contact: 1-602-528-3434
 - Provides hunger relief through a network of food banks across Arizona.
- 2. Arizona Department of Economic Security (DES)
 - Website: https://des.az.govContact: 1-602-542-4791
 - Offers resources for food, housing, unemployment assistance, and more.
- 3. Community Action Agencies (CAAs) in Arizona
 - Website: https://www.arizonacommunityaction.org
 - Contact: 1-602-604-0640
 - Local agencies providing emergency assistance, utility support, housing, and job training.
- 4. St. Vincent de Paul Arizona
 - Website: https://www.stvincentdepaul.net
 - Contact: 1-602-266-4673
 - Offers food, shelter, and basic needs assistance throughout Arizona.
- 5. Native American Connections
 - Website: https://www.nativeconnections.org
 - Contact: 1-602-254-3247
- Provides behavioral health, affordable housing, and community development services focused on Native American communities.
- 6. Chicanos Por La Causa
 - Website: https://www.cplc.org
 - Contact: 1-602-257-0700
- Provides health and human services, housing, education, and economic development in Arizona communities.

Nationwide Hotlines

- 1. National Suicide Prevention Lifeline
 - Contact: 988 (available 24/7)
 - Website: https://988lifeline.org
- Provides confidential support for people in distress, and prevention and crisis resources for those struggling with suicidal thoughts.
- 2. National Domestic Violence Hotline
 - Contact: 1-800-799-SAFE (7233) or Text "START" to 88788
 - Website: https://www.thehotline.org
 - Offers support, resources, and referrals for victims of domestic violence.
- 3. Crisis Text Line
 - Contact: Text "HELLO" to 741741
 - Website: https://www.crisistextline.org
 - Provides free, 24/7 support via text for individuals in crisis.
- 4. National Sexual Assault Hotline (RAINN)
 - Contact: 1-800-656-HOPE (4673)
 - Website: https://www.rainn.org
 - Provides confidential support and resources for survivors of sexual assault.
- 5. Substance Abuse and Mental Health Services Administration (SAMHSA) Helpline
 - Contact: 1-800-662-HELP (4357)
 - Website: https://www.samhsa.gov/find-help/national-helpline
- Offers confidential help and referrals for individuals facing mental health or substance abuse issues.
- 6. Elder Care Locator Hotline
 - -Contact: 1-800-677-1116
 - Website: https://eldercare.acl.gov
- Connects older adults and their caregivers with local resources for housing, transportation, and health.
- 7. National Human Trafficking Hotline
 - Contact: 1-888-373-7888 or Text "HELP" or "INFO" to 233733
 - Website: https://humantraffickinghotline.org
- Provides support for victims of human trafficking and offers information on how to report suspected trafficking.
- 8. Veterans Crisis Line

- Contact: 988, then press 1 or Text 838255
- Website: https://www.veteranscrisisline.net
- Provides confidential support for veterans and their families in crisis.
- 9. TrevorLifeline (LGBTQ+ Youth Support)
 - Contact: 1-866-488-7386 or Text "START" to 678678
 - Website: https://www.thetrevorproject.org
 - Offers crisis intervention and suicide prevention for LGBTQ+ youth.
- 10. National Runaway Safeline
 - Contact: 1-800-RUNAWAY (786-2929)
 - Website: https://www.1800runaway.org
 - Provides confidential support and resources for youth in crisis or considering running away.

Arizona-Specific Hotlines

- 1. Community Information and Referral Services (2-1-1 Arizona)
 - Contact: 2-1-1 or 1-877-211-8661
 - Website: https://www.211arizona.org
- Connects Arizona residents with information about community services, including housing, food, health care, and more.
- 2. Teen Lifeline (Arizona Youth Support)
 - Contact: 1-800-248-TEEN (8336)
 - Website: https://teenlifeline.org
 - Provides peer counseling and crisis intervention for teens in Arizona.
- 3. Arizona Coalition to End Sexual and Domestic Violence Hotline
 - Contact: 1-800-782-6400
 - Website: https://www.acesdv.org
- Offers resources, support, and advocacy for victims of domestic violence and sexual assault in Arizona.
- 4. Arizona Child Abuse Hotline
 - Contact: 1-888-SOS-CHILD (767-2445)
 - Website: https://dcs.az.gov/report-child-abuse
 - Allows for reporting of child abuse or neglect in Arizona.
- 5. Arizona Warm Line (Peer Support for Mental Health)
 - Contact: 1-602-347-1100
 - Website: https://www.crisisnetwork.org

- Provides peer support for people dealing with mental health challenges or loneliness, available 24/7.
- 6. Central Arizona Shelter Services (CASS) Homeless Hotline

- Contact: 1-602-229-5155

- Website: https://www.cassaz.org

- Provides support for individuals and families experiencing homelessness in central Arizona.
- 7. Mercy Maricopa Crisis Hotline (Mental Health)

- Contact: 1-800-631-1314

- Website: https://www.mercycareaz.org

- Offers 24/7 crisis intervention and support for individuals experiencing mental health crises in Maricopa County.

