



February 2018

Feb. 6: Healthy Living with Diabetes - 6:30 to 8:30 pm with Diabetes Educator Carole Lawson. In this class, Carole will define diabetes, identify the types of diabetes, what pitfalls to look out for, discuss Bodyworks, what affects blood glucose, and the 15:15 rule. Foothills Community Church, 700 S. Hamilton St., Chandler, AZ.

Feb. 7, 14, 21, and 28: Steps to Christ Seminar - 7 to 8:30 pm presented by Caryn Shoemaker and Harold Grosboll. If you desire to have a vibrant and growing relationship with Jesus, this seminar is for you. Foothills Community Church, 700 S. Hamilton St., Chandler, AZ.

Feb. 10: Scottsdale Raw Food Potluck meets once each month (second Saturday) 5:30 pm. Natural Grocers, 13802 N. Scottsdale Rd., Scottsdale, AZ. Bring your gluten-free dish already prepared and ready to eat – enough to feed 8-10 people. Recipes appreciated. Bring eating and serving utensils. **Special Guest, Gary L. Tunsky**, CNC, Naturopathic Coach, Cellular Disease Specialist, will present “What in the Cell is Going On?” (The Cause and Reversal of ALL Disease). Info: Mary Russo: 602-388- 4841.

Feb. 13: The Diabetes Dilemma - 6:30 to 8:30 pm with Diabetes Educator Carole Lawson. In this class, Carole will discuss testing blood sugar levels, and what role exercise and diet play in regard to diabetes. Foothills Community Church, 700 S. Hamilton St., Chandler, AZ.

Feb. 17: Story Time in the Park - 10 to 11 am. Led by Kathy Garrett and Dawn Ford, master’s in early childhood education and retired teacher. Foothills Community Church, 700 S. Hamilton St., Chandler, AZ.

Feb. 17: California Baptist University Choir and Orchestra under the direction of Dr. Guy Holiday. Camelback Church, 5902 E. Camelback Rd., Phoenix, AZ. This amazing 150-voice and orchestra ensemble have been returning to Camelback for 20 years.

Feb. 20: - Healthy Posture for a Strong Back - 6:30 to 8:00 pm. Led by Trent Rincon, PT, MPY, CSCS. Healthy Posture combines awareness and movement. Breathing techniques, stretches, and posture basics will be offered to participants. Trent is a staff physical therapist licensed in the state of Arizona. He is also a certified strength and conditioning specialist through the National Strength and Conditioning Association. Foothills Community Church, 700 S. Hamilton St., Chandler, AZ.

Feb. 24-Mar. 10: 3ABN Pathway to Life: Five locations, 14 meetings: Jesus the Way Out, Agent of Change, Abundant Living, Washing Away the Past, and other life-changing topics. John Lomacang, Paradise Valley; C A Murray, Desert Cove; Shelley Quinn, Phoenix Central; John Dinzey, Phoenix Central Valley; Kenny Shelton, Chandler. 6:30 pm. For full schedule and maps, visit 3abnphoenix.com.

Feb. 27: - Garden Club w/ Caryn Shoemaker - 7 to 8 pm. Organic weed and pest control. Your garden produce feeds on soil, air, and water, so whatever you add to the soil will show up in the food eventually. For healthier nutrition and to avoid harmful chemicals, learn about organic methods for controlling weeds and pests. Composting as a natural fertilizer. Foothills Community Church, 700 S. Hamilton St., Chandler, AZ.

UPCOMING EVENTS

Mar. 3: 5th Annual Phoenix Central Church Car Show. Come join us for a day of fellowship and witnessing at 777 W. Montecito Ave., Phoenix, AZ - Sabbath School 9:15 AM Church 11:00 AM. Street Fair starts at 11:00 AM. This is being held in conjunction with the Seventh Ave Street Fair where there will be thousands of people walking up 7th Ave which is closed from Indian School and Campbell, so it gives us a lot of people to spread the Good News with. The church has a booth set up. So, come join us and bring your car (finished or not - like our walk with Christ our cars are in different stages of restoration). This will be a chance for us to use our cars as a witnessing tool. The line-up will be at about 10:30 AM. Any questions contact Clayton at rrlvcd@juno.com or call 480-244-0473.

Church Life is a monthly calendar of events in the Adventist churches throughout Arizona.

Phil Draper, Editor: phldraper@azconference.org.

Please submit your church happenings by the 15th of the month.

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